

What's Happening On Wall Street

*Church of the Brethren
101 N. Wall Street
Covington, OH 45318*

Our Mission: To know, serve, and glorify God, peacefully, simply and together through our upreach and

*August 2010
Edition 107*

*Pastor
Barbara Menke*

*Church Office Phone# (937) 473-2415 • Fax# (937) 473-0356 •
E-mail: covingtoncob@gmail.com • Website Address: www.covingtoncob.org •*

*Admin. Assist.
Cindy Miller*

*Sunday Services:
8:30 a.m.
Wake Up With God
w/coffee and juice*

*9:30 a.m.
Morning Worship
Service*

*10:30 a.m.
Sunday School
for All Ages*

*Office Hours:
8:30 a.m to Noon
Weekdays*

Remembering to Forget

Remembering to forget. These may sound like strange words, for older adults seem to have a constant fear of forgetting. Many of us become irritated when we cannot remember names or dates, or where we put our glasses, or how much medicine we took today. Sometimes forgetfulness makes us feel as if we are losing our minds. So, what does “remembering to forget” mean?

Joseph had a lot of bitter memories; the hatred and jealousy of his brothers, their treacherous betrayal, and their murderous act of selling him into Egypt. But he had learned the grace of forgiveness. He even names one of his sons Manasseh, “God has made me forget.”

We need to remember to forget old wounds from the past. Old resentments and bitterness need to be discarded so that we can face life and death with a clear conscience. Sometimes people suffer from depression because they hold on to old resentments. This kind of depression may even be repressed anger.

We need to forgive ourselves. No doubt the brothers of Joseph had to learn that, for they did feel guilt over their cruelty to their brother. There is no sense in torturing ourselves with regrets over what might have been or with remorse over our sins. Rather, we need to turn these emotions over to God. For God alone can help us forget what we need to forget.

-No Wrinkles on the Soul -

A book of readings for older adults

by Richard L. Morgan

- Upper Room Books, Nashville